small acts of community ARE FUNGAMES

With every small act of connection, kindness and care, we nourish and strengthen our community.

Want to play?

Flip the page and take the six family-friendly challenges together!

Learn more and take the **#actsofcommunity** challenge at **actsofcommunity.org**



How to play.

Let's help the children in our lives understand the importance of small acts of community! Over the next six days, let your child(ren) choose from one of the challenge cards below. You can complete it together or they can do it solo. Once the challenge is complete, they get to challenge someone else with their completed card.

Challenge 1—Choose calm

When feeling frustrated with someone, take a deep breath and see if you can remain calm in the situation.

Challenge 2—Act of generosity

Give a little of what you can, whether that's a book, toy, clothes or your time.

Challenge 3—Be inclusive

Include those who may feel left out at school or the playground—this can be a simple 'Hi'.

Challenge 4—Help out

Actively watch for ways you can help today and do it if you can.

Challenge 5—Green-up day

Go for a mini green-up walk as a family in a community space you enjoy. Clean up any garbage you find.

Challenge 6—Note of appreciation

Leave a note or drawing to thank your teacher, friend, or family member for all they do.



Challenge 1

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Challenge 4

Help out

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Challenge 2

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Challenge 6

Note of appreciation

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